

STATE PREVENTION INVENTORY - MASSACHUSETTS PROFILE

STATE PREVENTION SYSTEM

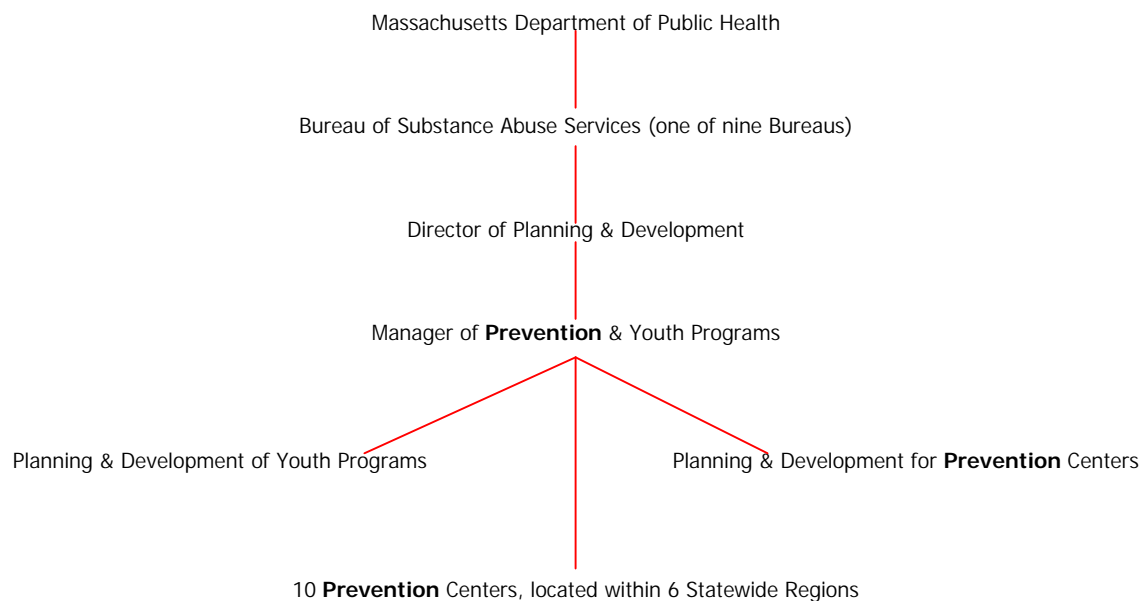
Structure and Organization

The Bureau of Substance Abuse Services (BSAS) within the Massachusetts Department of Public Health is Massachusetts' lead ATOD agency. The Department of Public Health falls within the Executive Office of Health and Human Services. BSAS provides a continuum of alcohol and other drug prevention, early intervention, and treatment through statewide programs and regional centers, as well as community-based organizations. BSAS does not provide direct service; all prevention services are contracted out at the substate level. BSAS specifically contracts with two programs that provide statewide training and technical assistance, Prevention Support Services (PSS) and Youth Support Services (YSS). In addition, BSAS funds ten regional Prevention Centers and forty-one community-based Youth Programs that provide ATOD and other prevention-related services. In addition to funding direct services, the Bureau supports initiatives to change community norms and to promote healthier, drug-free lifestyles.

In State Fiscal Years (SFY) 1996-1997, BSAS began funding 49 Youth Programs across the Commonwealth. The goal of the Youth Programs is to provide primary prevention activities for substance abuse and its related problems within target youth living in high-risk environments. The programs consist of four basis types:

- Youth development
- Student assistance
- Court diversion
- Street outreach

Organizational Chart



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FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$1,338,000	\$26,080,000	\$6,003,000
1994	1,296,000	26,080,000	6,463,000
1995	1,370,000	29,894,000	6,661,000

Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$300,000	\$904,820	\$932,540
Education	2,701,000	2,714,460	1,798,470
Alternatives	0	646,300	1,465,420
Problem Identification and Referral	600,000	129,260	466,270
Environmental	1,381,000	1,357,230	466,270
Community-based Process	1,021,000	710,930	1,532,030
Other	0	0	0

Resource Spending	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	N/A*	N/A	N/A
Quality Assurance	N/A	N/A	N/A
Training (post-employment)	N/A	N/A	N/A
Education (pre-employment)	N/A	N/A	N/A
Program Development	N/A	N/A	N/A
Research and Evaluation	N/A	N/A	N/A
Information Systems	N/A	N/A	N/A

*Expenditures on substance abuse resource development activities were not broken out by prevention and treatment categories.

Substate entities receiving set-aside funds for prevention service delivery

- 6 statewide regions
- 10 prevention centers
- 27 Community Health Network Areas
- 50 community-based organizations
- 49 youth programs

Average amount of grant/contract:

- FFY 1993 - \$66,612
- FFY 1994 - \$81,800
- FFY 1995 - \$94,802

Per-capita 20% set-aside spending (population):

- FFY 1993 - \$1.00
- FFY 1994 - \$1.07
- FFY 1995 - \$1.16

Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
 - State: N/A**
 - Regional: N/A
 - Local: N/A
- FFY 1994 -
 - State: N/A
 - Regional: N/A
 - Local: N/A
- FFY 1995 -
 - State: 3 FTE/3 Student Interns
 - Regional: 12 FTE/0 Volunteers
 - Local: 17,608*

*Figure represents the number of staff members providing a prevention service who were actually present at each tabulated encounter/activity during the year, regardless of whether the same staff members were present during other encounters. Consequently, this figure may represent duplicate counts.

**Information not available from State.

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PROGRAMS AND SERVICES

Definition of Prevention:

According to the *State Plan for the Prevention of Alcohol, Tobacco, and Other Drug-Related Problems*, Massachusetts defines prevention as "an active process of creating conditions and/or personal attributes that promote the wellbeing of people."

Does the State have prevention plan?

Yes. In addition, the Department of Public Health has a prevention strategy, articulated in its three-volume *Blueprint for Prevention*.

- Leadership
- Program staff
- Volunteers
- Gay, lesbian, bisexual, and transgender
- Persons with disabilities

Target populations for prevention services:

- Youth
- Men, women, and adults
- Elders
- Parents and/or guardians
- Mothers and children
- General community

Total Number served:

- FFY 1993 –N/A*
- FFY 1994 – N/A
- FFY 1995 – 321,448 (youth programs)
241,455 (prevention centers)

*Information not available from State.

Programs funded:

Type	Number of Programs/Number Served*			Programs
	FFY 1993	FFY 1994	FFY 1995	
Information dissemination	NA/94,625	NA/40,225	NA/60,183	Resource libraries at each of 10 Prevention Centers; RADAR Center; educational materials. Underage Drinking Prevention Radio Campaign and brochures; Massachusetts Inhalant Abuse Task Force fact sheets and other handouts for teachers, parents, criminal justice professionals, and other youth service providers
Education	20,772	NA/65,051	NA/125,525	Interactive Youth Outreach and Groups; Peer Institute; Basic Substance Abuse Refusal Skills Building; Conferences and workshops for community residents; conflict resolution/team building; street outreach programs; Peer Leaders

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Type	Number of Programs/Number Served*			Programs
	FFY 1993	FFY 1994	FFY 1995	
Alternatives	NA	NA/71,921	NA/87,933	Youth empowerment; community service; peer-run crisis intervention services; creative arts; recreational activities; mentoring/tutoring; creative arts programs
Community-based processes	NA/60,215	NA/64,001	NA/37,071	Community taskforces; School Assistance Programs
Environmental	NA	NA	NA/1,830	Massachusetts Tobacco Control Programs community groups that work with alcohol vendors; policy development, laws, regulations, and advocacy monitoring; review/establishment of effective ATOD policies in school systems
Problem identification and referral	NA/2,900	NA/25,290	49/22,486	Court diversion programs; student assistance programs; street outreach programs; youth development programs

*Number of encounters in the Commonwealth's ten Prevention Centers.

**Information not available from State.

***Number of youth program activities in State Fiscal Year 1996.

DATA COLLECTION ACTIVITIES

Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

In April 1997, Health and Addictions Research, Inc., (HARI) prepared the *Prevention Center System FY 1996 Statistical Report and the Youth Program MIS Report*. This document summarized prevention activities throughout the Commonwealth for the time period July 1, 1995, through June 30, 1996. Data on prevention activities contained within the report included:

- Total number of activities
- Types of activities
- Primary health issues
- Types of organizations receiving the activity
- Target audience

The BSAS Youth Program Pilot Outcome Study is in progress as this report goes to press. Data from the study, therefore, are not available.

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Health and Addictions Research, Inc., (HARI), is contracted to coordinate and analyze needs assessment, MIS service data, and pilot outcome studies. In addition to overall substance use needs assessment, HARI prepares needs assessment studies for prevention, such as the Mass. SNAP Report and the triannual survey, "Adolescent Substance Use in Massachusetts.. Trends Among Public School Students, 1984-1996".

SUPPORT SERVICES

Training and Technical Assistance:

BSAS monitors programs through annual site visits, quality assurance visits made by the Quality Improvement collaborative – under the auspices of Health and Addictions Research, Inc. – and an extensive data collection, reporting and data management system. Technical assistance, that addresses program deficiencies and needs, is provided by the DPH staff.

Training of prevention (and treatment) staff is provided through a contract with AdCare Educational Institute, Inc. This contract results in a coordinated effort for all alcohol and drug abuse training in Massachusetts, including advanced courses and continuing education credits for various professionals, including:

- Certified alcohol and drug abuse counselors
- Social workers
- Nurses
- Certified addiction specialists

In addition, statewide and regional trainings are provided by the Prevention Centers, Youth Support Services, and Prevention Support Services. Trainings in 1996-98 have included:

- Life skills program training
- Outcome measurement training for youth programs
- Ounce of Prevention Conference
- Substance abuse awareness and prevention issues

Certification Activities:

As of early 1997, the Commonwealth of Massachusetts did not have a State certification process in place for substance abuse prevention professionals.